



Queensland Rugby is an official Duke 4Sport Partner and counts towards your Bronze, Silver and/or Gold Duke of Edinburgh's International Award (Duke of Ed) Level.

As a match official for rugby union, you can complete your Physical Recreation, Voluntary Service and Skills Sections for all three Levels.

The below activities are examples of what you can do for each Award Section.

Duke of Edinburgh's Sections			
Voluntary Service	Skills	Physical Recreation	Adventurous Journey
<ul style="list-style-type: none"> <li>• Officiating on game day</li> <li>• Volunteer in canteen</li> <li>• Setup/pack down on training or game days</li> <li>• Gear maintenance/quarter master</li> <li>• Conducting training sessions</li> <li>• Mentoring new players</li> </ul>	<ul style="list-style-type: none"> <li>• Referee</li> <li>• Ready Course</li> <li>• Match Official Accreditations</li> <li>• Team management</li> <li>• Team Strategy</li> <li>• Physio, first aid, movement studies</li> </ul>	<ul style="list-style-type: none"> <li>• On field training</li> <li>• Gym sessions</li> <li>• Game Day</li> <li>• Personal Training</li> </ul>	<ul style="list-style-type: none"> <li>• Urban – Visit to different sporting facilities and institutes (such as stadiums, AIS, cross code facilities)</li> <li>• Adventurous – Team development camp – requires aligning with AJ requirements</li> <li>• Urban – Leadership development camp</li> </ul>

- If your planned activity is not here, please contact the Queensland Award Operating Authority (AOA) at [qld.award.office@qed.qld.gov.au](mailto:qld.award.office@qed.qld.gov.au) with your proposed activity idea and we can assess suitability.
- Duke of Ed plan templates and a full list of Duke of Ed activity ideas to assist Framework Users plan their activities are available from the AOA for all Duke of Ed levels.
- The Duke of Ed is a recognised course of study for the Queensland Certificate of Education (QCE). Young people using the Duke of Ed Framework can earn up to 4 credits —1 for Bronze, 1 for Silver and 2 for Gold. Students should only bank QCE credits once for each recognised course of study

## Time Requirements:

	Physical Recreation	Skills	Voluntary Service	Adventurous Journey	
<b>Bronze</b> <b>14 - 24</b> <b>years old</b> 6 months to complete	1 hour a week for 3 months	1 hour a week for 3 months	1 hour a week for 3 months	2 days + 1 night (plus a practice journey of the same length)  All participants must also complete a major—an extra 3 months in one of Physical Recreation, Skills or Voluntary Service (that is, 6 months total in one of these sections).	
<b>Silver</b> <b>15 - 24</b> <b>years old.</b> <small>The Silver Award takes 6 months if you have a Bronze Award and 12 months if you don't.</small>	1 hour a week for 6 months	1 hour a week for 6 months	1 hour a week for 6 months	3 days + 2 nights (plus a practice journey of the same length)  If you do not have a Bronze Award you must complete a major—an extra 6 months in one of Physical Recreation, Skills or Voluntary Service (that is, 12 months total in one of these sections).	
<b>Gold</b> <b>16 - 25</b> <b>years old.</b> <small>The Gold Award takes 12 months if you have a Silver Award and 18 months if you don't.</small>	1 hour a week for 12 months	1 hour a week for 12 months	1 hour a week for 12 months	<b>4 days + 3 nights (plus a practice journey of the same length)</b>	<b>Gold Residential Project</b>  If you do not have a Silver Award you must complete a major—an extra 6 months in one of Physical recreation, Skills or Voluntary Service (that is, 18 months total in one of these sections).

## Regular Commitment Examples

### Voluntary Service

- You commit 1-1.5 hours per week to match officiating refereeing for an average game and/or volunteering for your club or school.
- You can only count unpaid hours toward your Voluntary Service.

### Skills

- You commit 1 hour per week doing online training sessions on the learning centre or in training events run by your club, school or local referee association and/or achieving your Referee Ready Accreditation.

### Physical Recreation

- You commit 1-1.5 hours per week doing on-field training sessions and/or working out at the gym.