



Queensland Rugby is an official Duke 4Sport Partner and your participation with us can count towards your Bronze, Silver and/or Gold Duke of Edinburgh's International Award (Duke of Ed).

As a match official for rugby union, you can complete your Physical Recreation, Voluntary Service and Skills Sections for all three Levels.

The below activities are examples of what you can do for each section.

Duke of Ed Sections			
Voluntary Service	Skills	Physical Recreation	Adventurous Journey
<ul style="list-style-type: none"> • Officiating on game day • Volunteer in canteen • Setup/pack down on training or game days • Gear maintenance/quarter master • Conducting training sessions • Mentoring new players 	<ul style="list-style-type: none"> • Referee • Ready Course • Match Official Accreditations • Team management • Team Strategy • Physio, first aid, movement studies 	<ul style="list-style-type: none"> • On field training • Gym sessions • Game Day • Personal Training 	<ul style="list-style-type: none"> • Urban – Visit to different sporting facilities and institutes (such as stadiums, AIS, cross code facilities) • Adventurous – Team development camp – requires aligning with AJ requirements • Urban – Leadership development camp

- If your planned activity is not here, please contact the Queensland Award Operating Authority (AOA) at qld.award.office@qed.qld.gov.au with your proposed activity idea and we can assess suitability.
- Duke of Ed plan templates for Bronze, Silver and Gold, including a full list of Duke of Ed activity ideas to assist in selecting and planning activities are available from the AOA.
- The Duke of Ed is a recognised course of study for the Queensland Certificate of Education (QCE). Young people using the Duke of Ed Framework can earn up to 4 credits –1 for Bronze, 1 for Silver and 2 for Gold. Students should only bank QCE credits once for each recognised course of study

The Duke of Ed Framework

	<div> Duke of Ed Bronze Level Minimum time 3 months</div>	<div> Duke of Ed Silver Level Minimum time 6 months</div>	<div> Duke of Ed Gold Level Minimum time 12 months</div>
<div> Voluntary Service</div>	3 Months	6 Months	12 Months
<div> Physical Recreation</div>	3 Months	6 Months	12 Months
<div> Skills</div>	3 Months	6 Months	12 Months
<div> Adventurous Journey</div>	2 Days, 1 Night	3 Days, 2 Nights - Practice journey/s - Qualifying journey	4 Days, 3 Nights - Practice journey/s - Qualifying journey
<div> Gold Residential Project</div>	N/A Gold level only	N/A Gold level only	5 Days, 4 nights
	Averaging 1 hour p/w	Averaging 1 hour p/w + additional 6 months for major section if Bronze Level not completed	Averaging 1 hour p/w + additional 6 months for major section if Silver Level not completed

Regular Commitment Examples

Voluntary Service

- You commit 1-1.5 hours per week to match officiating refereeing for an average game and/or volunteering for your club or school.
- You can only count unpaid hours toward your Voluntary Service.

Skills

- You commit 1 hour per week doing online training sessions on the learning centre or in training events run by your club, school or local referee association and/or achieving your Referee Ready Accreditation.

Physical Recreation

- You commit 1-1.5 hours per week doing on-field training sessions and/or working out at the gym.