



# NORTHERN REGIONS PROVINCIAL 7'S



## 15 NOVEMBER 2025

# NAVIGATION HOMES STADIUM PUKEKOHE

NORTHERN REGION RUGBY



## EVENT DETAILS

Teams can access field 1 from 8:00am.

Tents are to be set up in the area shown on the map.

Teams can enter through gate D & unload. All vehicles must be parked in the large carpark & not inside the gates.

ALL Managers are responsible for ensuring that their areas ***are left clean and tidy***, all rubbish is to be placed in the bins provided.

## TOILETS

Located at the top of the grandstand & end of the building by Gate D. (See map)

## CHANGING SHEDS

There will be a separate Men's & Women's changing shed. These will not be locked & will be communal so no gear is to be left in them. They are a place to get changed and shower after if players would like too. See map for location

## HOT FOOD AND DRINK

Teams are welcome to bring their own food & drink.

## MANAGERS BRIEFING

All managers are asked to attend the managers briefing at 9:15am at HQ.

## ICE

Each team will have access to 3 bags of ice. If you need more, this can be purchased from the Z petrol station location on Stadium Drive, beside Carls Jr.

## WARM UP AREAS

All warmup areas are at the ends of field and are marked on the map. These will be allocated.

Zone 1            Team named first on draw.

Zone 2            Team named second on draw.

## DRAW FORMAT

- Round Robin. Every team plays four matches.
- Every team have a BYE.
- There is no final. If two teams finish on the same points, the overall winner will be determined in accordance with the following formula in order of sequence:
  - The winning team of the match already played between the two teams involved shall be ranked higher.
  - If the two teams concerned had drawn the match indicated, the team who scored the most tries in the tournament shall be ranked higher.
  - The team which has the highest points differential (points for minus points against) will be ranked higher.
  - Where there is still a tie, the winner will be declared by the toss of a coin.

## RULES

The aim for this tournament is for PU's to prepare for the Northern Regions 7's at Paeroa on November 22. Therefore, the following rules will apply:

- Teams can have unlimited squad size as this is a pre rehearsal tournament.
- However, teams can only nominate 12-players per match.
- Substitutions are to be made in accordance with the World Rugby World Rugby Laws of the Game with Seven-a-Side variations as framed by World Rugby. **NO ROLLING SUBSTITUTIONS ARE PERMITTED.**
- We will have a field manager to manage the 5-substitution rule.
- ALL players must wear a mouth guard.

## REFEREES

- To be appointed by CMRFU REO, Liam Sargent.
- Food and Drink will be provided for these people.

## JUDICIAL

- We will not have a CMRFU judiciary officer present therefore we put the below ruling in place:
  - Red card, that player stands down 2 matches in this tournament. In the event there are not enough games, this will not affect the next tournament.
  - 3 Yellow cards to the same player, that player takes no further part in the tournament.

## SECURITY

There will not be any security on site, so all valuables should be locked in vehicles or stored in a safe place.

## MEDICAL SUPPORT

Medical will not be in attendance.

Nearest health care is:	Nearest accident and medical is:
Pukekohe Health Centre	Franklin Hospital
Ph. 09 237 0280	Ph 09 238 6610
10 West St, Pukekohe.	149 Manukau Road, Pukekohe.

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All queries regarding the above arrangements should be directed to:

Dale Tucker

Email: dale.tucker@cmrfu.co.nz

Mob: 021 388 157

## DRAW

MEN'S		WOMEN'S	
Counties Manukau Waikato North Harbour Thames Valley Northland		Counties Manukau Waikato North Harbour Thames Valley Northland	
MEN'S		WOMEN'S	
<b>Round 1</b> : 10:00:00 AM <b>1</b> Counties Manukau v Waikato : 10:20:00 AM <b>2</b> Thames Valley v North Harbour Northland BYE		<b>Round 1</b> : 10:40:00 AM <b>3</b> Counties Manukau v Waikato : 11:00:00 AM <b>4</b> Thames Valley v North Harbour Northland BYE	
<b>Round 2</b> : 11:20:00 AM <b>5</b> Counties Manukau v North Harbour : 11:40:00 AM <b>6</b> Northland v Waikato Thames Valley BYE		<b>Round 2</b> : 12:00:00 PM <b>7</b> Counties Manukau v North Harbour : 12:20:00 PM <b>8</b> Northland v Waikato Thames Valley BYE	
<b>Round 3</b> : 12:40:00 PM <b>9</b> Northland v Thames Valley : 1:00:00 PM <b>10</b> North Harbour v Waikato Counties Manukau BYE		<b>Round 3</b> : 1:20:00 PM <b>11</b> Northland v Thames Valley : 1:40:00 PM <b>12</b> North Harbour v Waikato Counties Manukau BYE	
<b>Round 4</b> : 2:00:00 PM <b>13</b> Counties Manukau v Thames Valley : 2:20:00 PM <b>14</b> Northland v North Harbour Waikato BYE		<b>Round 4</b> : 2:40:00 PM <b>15</b> Counties Manukau v Thames Valley : 3:00:00 PM <b>16</b> Northland v North Harbour Waikato BYE	
<b>Round 5</b> : 3:20:00 PM <b>17</b> Counties Manukau v Northland : 3:40:00 PM <b>18</b> Waikato v Thames Valley North Harbour BYE		<b>Round 5</b> : 4:00:00 PM <b>19</b> Counties Manukau v Northland : 4:20:00 PM <b>20</b> Waikato v Thames Valley North Harbour BYE	

## NORTHERN REGION RUGBY

