

HEROES AND HEROINES

At a glance

- What makes a Rugby hero / heroine on and off the field?
- What are the qualities of a hero / heroine?
- Could you be a hero / heroine?
- Who is one of your heroes / heroines and why?
- Case studies of various Rugby heroes and heroines including: Today's players;
- Former Australian Captains; Indigenous greats; and a War hero.

OVERVIEW

Australian rugby union boasts a wealth of current and former players who have demonstrated heroic behaviours on and off the field. In this learning experience, students will explore the concept of a hero and heroine and think about people who are heroes/heroines to them. Students will then be introduced to a range of rugby players – current stars, former Australian captains, Indigenous players and a remarkable war and rugby hero – and identify the special heroic qualities within each of them.

LEARNING AREA

- Health and Physical Education

FOCUS AREA

- Relationships and sexuality
- Strand: Personal, social and community health
- Sub-strand: Being healthy, safe and active (ACPPS001; ACPPS015; ACPPS033;
- Sub-strand: Contributing to healthy and active communities (ACPPS006; ACPPS022; ACPPS060)

GENERAL CAPABILITIES

- Intercultural understanding: Recognising culture and developing respect.
- Personal and social capability: Self-awareness.
- Ethical understanding: Exploring values, rights and responsibilities.
- Literacy: Comprehending texts through listening, reading and viewing; Composing texts through speaking, writing and creating.
- ICT capability: Investigating with ICT.

STIMULUS

- PowerPoint Presentation – ready to use!
- Identifying qualities of a hero/heroine
- Remembering a war and Rugby hero
- Honoring Australian Indigenous Rugby heroes
- Investigating heroic Rugby captains
- Celebrating today's Rugby heroes and heroines

POSSIBLE LEARNING OPPORTUNITIES / TASKS

- Think about any Rugby players you know – past or present – and if any of them are heroes/ heroines in your view?
- Discuss what makes a Rugby hero on and off the field and explore adjectives which could describe the qualities of a hero.
- Read definitions of heroes/heroines and discuss other types of heroes in the community.
- Talk about how heroes/heroines stand up for other people. Discuss any specific examples relevant at your school e.g. bullying.
- Think about whether or not you could be a hero including what sorts of behaviours you've shown and actions you've taken which could be deemed heroic. Share your ideas with a partner.
- Look at the case study on an Australian men's Rugby player, David Pocock, and discuss which features could make him a hero.
- Think about one of your heroes / heroines in life. It could be a sportsperson, someone in your family, a teacher at school or someone else in the community. What is it about them which makes them a hero/heroine in your eyes.
- Look at the photos of Rugby heroes and heroines and discuss anything you might already know about them. In the next series of PowerPoint presentations you can find out more about these players.

REFLECTION

Students reflect on the qualities of a hero/heroine. Student reflect on the fact that people's identities are strengthened by their strengths, achievements and challenges.

EXTENSION IDEAS

- Research Sporting heroes for photos and information about Rugby players from Australia and overseas.
- Develop a full set of Rugby Hero/Heroine Collector Cards.
- Research The MY HERO Project which uses media and technology to celebrate the best of humanity and empower people of all ages to realise their own potential to effect positive changes in the world.
- Create a video and/or PowerPoint presentation about a hero/heroine and share with the class.

WORKSHEETS

- LP - Fill in the gaps
- MP - Mix and match Rugby heroes
- UP - Rugby hero/heroine word find

ASSESSMENT IDEAS

- LP - Draw and write about a hero
- MP - Create one or more Rugby hero/heroine collector cards
- UP - Write about a Rugby hero