

FILL IN THE GAPS HELP OTHER KIDS GETS ACTIVE

Use the words in the table below to fill in the gaps in the sentences which follow.



active	backyard	motivate	netball	two
birthday	skipping	bats	group	encourages
physical	park	enjoy	positive	plenty
hats	role	find	more	screen
water	footwear	fun	sunscreen	sports

1. Be a good _____ model and have a _____ attitude to being active.
2. If other kids see you enjoying _____ activity and having _____, it can _____ them to participate.
3. Encourage kids to play Rugby, play in the _____, run, swim, or play other sports like _____, soccer or basketball.
4. Buy _____ gifts that encourage activity such as balls, _____, _____ ropes and other equipment.
5. Encourage kids to try _____ sports or activities so they can _____ one or more that they really _____.
6. Make a rule at school that kids should wear _____, appropriate _____ and 30+ _____ when they're active outdoors.
7. Make sure there is _____ of _____ for kids when they're physically active or playing _____.
8. Start a campaign at school which _____ kids to limit the amount of TV they watch and other small _____ entertainment to no more than _____ hours a day.