



# USA Rugby – Women 7s Preliminary Notice to the Athlete Selection Procedures for the 2028 Olympic Games June 25, 2026

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To provide information in a timely manner, USA Rugby is releasing this Preliminary Notice to the Athlete Selection Procedures for the 2028 Olympic Games (Games). This document is being written as a complement to, and not a substitute for the Athlete Selection Procedures for the Games. Additional communication will be released by USA Rugby once the Athlete Selection Procedures for the Women's Team have been finalized and approved by the USOPC.

## **A. Anticipated Athlete Eligibility Criteria:**

- Athletes must comply with all World Rugby eligibility requirements which are posted [here](#) (see Qualification).
- Athletes must be a national of the United States and hold a valid U.S. passport that will not expire for six months after the conclusion of the Games.
- Athletes must adhere to all USA Rugby, USADA, USOPC, WADA, World Rugby and IOC anti-doping protocols, policies, and procedures including participation in Out-of-Competition Testing, if applicable.
- Athletes must comply with the [USOPC Background Check Policy](#) and [USOPC Athlete Safety Policy](#).

## **B. World Rugby Qualification System**

- The maximum Team size will be twelve (12) athletes plus two (2) Ap alternate athletes.
- The Los Angeles 2028 Olympic Games Qualification Systems Manual for Rugby is posted [here](#) (see Qualification)

## **C. Anticipated Evaluation Events:**

USA Rugby does not intend to use a formal try-out to facilitate the athlete nomination process for the 2028 Olympic Team (Team). It is anticipated that athletes being considered for nomination to the Team will be evaluated on their performance at the events listed below from 2025 until the date of Team nomination for the Games.

- USA Rugby Women's 7s Residency Program (Chula Vista Athlete Elite Training Center)
- USA Rugby Women's High Performance 7s Camps
- Women's World Series Events or other World Rugby sanctioned international competitions
- 2027 Pan American Games (Lima, Peru - July 2027)

*\*Please note that the location, schedule, and duration of future USA Rugby events and international events will be announced at least thirty (30) days prior to the start of training or competition.*

As a team sport, a variety of criteria, both objective and subjective, will be used to nominate eligible athletes to the Team. More information will be included in the Athlete Selection Procedures for the 2028 Olympic Games.

**D. Anticipated Qualification Pathway:**



Athletes may qualify for the Evaluation Events listed in Section C by:

- Recommendations from [USA Rugby National Development Programs](#)
- Cross over athlete recommendation
- Athlete performance in any of the following events:
  - 2025-2028 USA Rugby or USOPC Talent Transfer Camps
  - 2025-2028 USA Rugby U23 Regional All Star Competition
  - 2025-2028 USA Rugby Women’s 15s International Tests
  - 2025-2028 USA Rugby Club Championships (15s & 7s)
  - 2025-2028 College Rugby Championships (CRCs)
  - 2025-2028 Collegiate All-American (U23) Camps (7s and 15s)
  - 2025-2028 Women’s Elite Rugby competitions
  - 2025-2028 High School 7s and 15s Rugby games, including play-offs and championships

**E. Disclaimer:**

This preliminary notice is based on the World Rugby rules and regulations as presently known and understood for the Games. The information in this notice is provided to assist athletes with their training and competition planning and is subject to change upon approval of the USA Rugby Selection Procedures for the 2028 Olympic Games. Once complete, the approved Athlete Selection Procedures will be posted at <https://eagles.rugby/selection-procedures>.

If you have questions, please contact USA Rugby's High Performance General Manager, Tamara Sheppard, at [tsheppard@usa.rugby](mailto:tsheppard@usa.rugby).

POSITION	NAME	SIGNATURE	DATE
USA Rugby Geneal Manager, High Performance	Tamara Sheppard	 <small>Tamara Sheppard (Jun 26, 2026 17:56:25 MDT)</small>	26/06/2026
Team USA Athlete Commission Representative	Victoria Folayan	 <small>Victoria Folayan (Jun 26, 2026 14:12:05 PDT)</small>	26/06/2026