

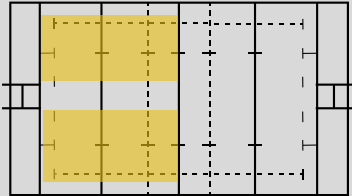


**COURAGE  
CONNECTED  
WORK HARD**

# ***Tackle Rugby***

## ***Year 3 (Under 8)***

### **FIELD SIZE:**



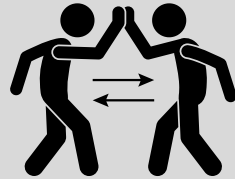
*1/4 Field*  
40m x 27.5m Max

### **MATCH DURATION:**



*50 Minutes Max.*  
*Halves / Quarters*

### **SUBSTITUTES:**



*All players must play a min.*  
*of half a game. Substitutions*  
*may be made at quarter or*  
*half time.*

### **BALL SIZE:**



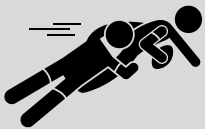
*Size 3 Ball*

### **TEAM SIZE:**



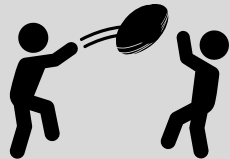
*7-a-side*  
*If a team does not have 7*  
*players to start, game to be*  
*played with equal numbers*

### **THE TACKLE:**



*Tummy tackle -*  
*Below the sternum*

### **PENALTY:**



*Team awarded the penalty*  
*to restart with a tap and*  
*pass*

### **FENDING:**



*NO Fending allowed in this*  
*grade*

### **CONVERSIONS:**



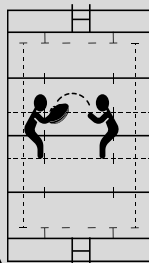
*No Conversions*

### **KICKING:**



*Kicking is allowed in*  
*general play - encourage*  
*running + passing*

### **STARTING PLAY:**



*Start the game*  
*at halfway with*  
*a tap. To restart:*  
*non-scoring*  
*team to tap at*  
*halfway*

### **SCORING TRIES:**



*If score blowouts are*  
*occurring, both coaches*  
*MUST meet to discuss*  
*creating a more even contest*  
*TRY = 5 Pts*

### **SCRUMS:**



*No Scrums*

### **LINEOUTS:**



*No Lineouts*

**#prideinthehoops**