

# RUSA Dispensation Process Update

## SHARED PROCESSES

**SCHEDULE B** - Players with approved Age Grade Dispensation Up, Mixed Gender Dispensation or Senior Rugby Dispensation **AND** wanting to play in the Front Row will also require a Schedule B assessment to be completed.

**RIGHT TO REQUEST OR REVIEW** - All Dispensation Procedures afford the Member Union (Rugby Union SA) to request a player completes a Dispensation Assessment and/or to review a player's approved dispensation at any time, particularly where there is a potential safety and/or participation concern.

### U7 PLAYING U8

U7 Players wishing to play U8 must complete the Dispensation Consent Form (online via the Rugby Portal). Club must also support and approve the request via their Rugby Admin site.

No assessment is required, however player safety must always be considered.

No U6 players will be permitted to play U8.

### AGE GRADE DOWN

Players seeking to play in a **Single-Year Age Grade Below** their Actual Age Grade must be assessed by a RUSA approved Independent Qualified Assessing Coach.

Parental Consent (and Club support and approval) must be provided via the online platform.

**Assessing Coach: RUSA Approved Only**

### TWO AGE GRADES UP (U8-U14)

Clubs are able to use club-based Independent Qualified Assessing Coaches to assess players aged between 8-14 seeking Age Grade Dispensation Up two single-year age grades.

Parental Consent (and Club support and approval) must be provided via the online platform.

**Assessing Coach: Club to Appoint**

### TWO AGE GRADES UP (U16-U18)

*RUSA will not consider dispensations for players to play in an age grade two years above their actual age grade for U16-U18 competitions, unless the player is part of a RUSA elite development program, and it is part of his/her development for future opportunities as an elite player.*

**Assessing Coach: Club to Appoint**

### MIXED GENDER DISPENSATIONS

Clubs are able to use club-based Independent Qualified Assessing Coaches, for players aged between 13-15 seeking Mixed Gender Dispensation. Players may be approved to participate in U14 Age Grade, or possibly U12 Age Grade for players turning 13.

Paper-based Consent Forms (including consultation record by a Medical Doctor) are used for Mixed Gender Dispensations.

**Assessing Coach: Club to Appoint**

### SENIOR RUGBY (GIRLS)

*RUSA will not consider dispensations for players turning 16 in the calendar year to play in senior competitions, unless the player is part of a RUSA elite development program, and it is part of her development for future opportunities as an elite player.*

**Assessing Coach: RUSA Approved Only**

### SENIOR RUGBY (BOYS)

*RUSA will not consider dispensations for players turning 16 or 17 in the calendar year to play in senior competitions, unless the player is part of a RUSA elite development program, and it is part of his development for future opportunities as an elite player.*

**Assessing Coach: RUSA Approved Only**



**RUGBY  
UNION SA**