

FOLLOWING THE RULES



At a glance

- What are the standards of behaviour expected by the national men's Rugby team, the Wallabies?
- What are your family, class or school rules or standards of behaviour?
- Why is it important to follow rules or standards of behaviour?
- What are consequences of not following the rules?
- What are some other well-known codes, oaths or pledges in sport?
- What is the difference between rules and laws?

OVERVIEW

Rugby Australia enforces rules or standards of behaviour from its high performance teams like the wallabies and wallaroos to school players at the grassroots level. In this learning experience students explore the concept of rules and codes of behaviour in Rugby, as well as in their class, at their school and in their family including the purpose of rules and the negative consequences of not following rules.

LEARNING AREA

- Health and Physical Education

FOCUS AREA

- Relationships and sexuality; Games and sports, Fundamental movement skills; Active play and minor games

Strand: Personal, social and community health;

Sub-strand: Being healthy, safe and active (ACPPS018; ACPPS036)

Strand: Movement and physical activity

Sub-strand: Learning through movement (ACPMPO14; ACPMPO32; ACPMPO50; ACPMPO69)

LEARNING AREA

- Civics and Citizenship

Strand: Civics and Citizenship Knowledge and Understanding

Sub-strand: Laws and citizens (ACHCKO02; ACHCK012)

GENERAL CAPABILITIES

- Ethical understanding: Understanding ethical concepts and issues; Reasoning in decision making and actions; Exploring values, rights and responsibilities.
- Personal and social capability: Self awareness.
- Literacy: Comprehend texts through listening, reading and viewing; Composing texts through speaking, writing and creating.
- ICT capability: Investigating with ICT.

STIMULUS

- PowerPoint Presentation – ready to use!
- Wallaby ethos/rules/standards (hyperlink)
- Australian Rugby Union Code of Conduct

POSSIBLE LEARNING OPPORTUNITIES / TASKS

- Watch the 'Wallaby rules' PowerPoint presentation and discuss the purpose of the presentation and values promoted.
- Discuss similarities between the Wallaby rules and standards of behaviour expected in families, at school and in the wider community.
- Discuss the concept of actions and consequences.
- Read about two incidences where Wallabies' players have faced negative consequences for not following team standards and discuss the impact their actions might have had on their families, teams and careers.
- Think about any times when students have broken rules at home or at school and discuss the consequences of their actions including the impact it might have had on others.
- Read one or more of the 'codes of conduct' and discuss their purpose and the impact they might have on players, as well as spectators, coaches, and officials.
- Suggest how rules differ from laws.
- Develop a class or school code of behaviour for playing Rugby and/or other sports.

REFLECTION

Reflect on the importance of establishing rules, standards, or codes of behaviour to ensure safety and promote fair play.

EXTENSION IDEAS

- Research codes of behaviour for other sports and organisations and work out any similarities with the school code of behaviour.
- Research Play by the Rules for resources and campaigns supporting fair play in sport.
- Develop a code of behaviour for parents from your school who attend school sport competitions.

WORKSHEETS

- LP - Matching rules to their actions
- MP - Jumbled 'code of behaviour' words
- UP - Interview with the Wallabies Coach

ASSESSMENT IDEAS

- LP - Create a personal code of behaviour/rules
- MP - Develop a class code of behaviour
- UP - Create a PowerPoint presentation about class/school rules