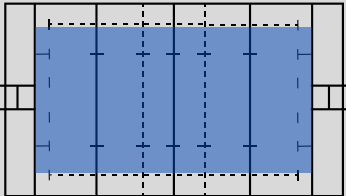


COUNTIES
RUGBY
MANUKAU

COURAGE
CONNECTED
WORK HARD


Tackle Rugby (15-a-Side)
Year 8 ONLY (Under 13)

FIELD SIZE:



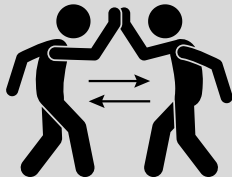
Full Field (5m in either side)
100m x 60m

MATCH DURATION:




60 Minutes Max.
Halves / Quarters

SUBSTITUTES:




All players must play a min.
of half a game. Substitutions
may be made at quarter or
half time.

BALL SIZE:




Size 4 Ball

TEAM SIZE:




15-a-side
If not able to field 15 a-side
then 12-a-side is the default

THE TACKLE:




Tummy tackle -
Below the sternum

PENALTY:




Option 1: Tap
Option 2: Kick for touch
Option 3: Kick for goal

FENDING:




Allowed, but NO Fending to:
Head, Face or Neck

CONVERSIONS:




Not to be taken anywhere
out further than the 15m
lines

KICKING:



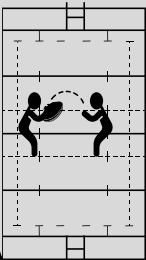
Kicking is allowed

MANAGEMENT:




Team management and
reserve players to be behind
the deadball line, with
opposition running towards
you

STARTING PLAY:




Start the game at
halfway with a
dropkick / punt.
Non-scoring
team to kick off
at restarts

SCORING TRIES:




If score blowouts are
occurring, both coaches
MUST meet to discuss
creating a more even contest
TRY = 5 Pts

SCRUMS:



CONTESTED
8 Player Scrums
0.5m Max. push

LINEOUTS:



CONTESTED
8 Player Lineouts
No Lifting

#prideinthehoops