

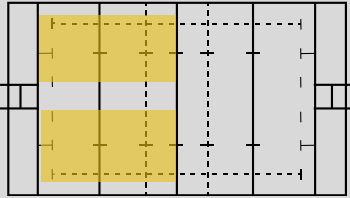


**COURAGE  
CONNECTED  
WORK HARD**

# CMRFU Junior Rugby

## Year 3 (Under 8) - TACKLE ONLY

### FIELD LAYOUT:



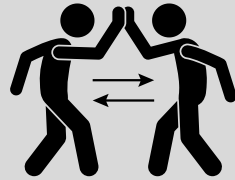
**FIELD SIZE**  
40m x 27.5m Max

### MATCH DURATION:



**50 Minutes Max.**  
Halves / Quarters

### SUBSTITUTES:



All players must play a min. of half a game. Substitutions may be made at quarter or half time.

### BALL SIZE:



Size 3 Ball

### TEAM SIZE:



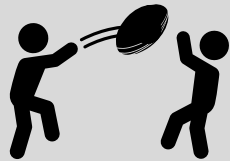
**7-a-side**  
**12 max. squad**  
If a team does not have 7 players to start, game to be played with equal numbers

### THE TACKLE:



Tummy tackle -  
Below the sternum

### PENALTY:



Team awarded the penalty to restart with a tap and pass

### FENDING:



**NO Fending allowed** in this grade

### CONVERSIONS:



No Conversions

### KICKING:

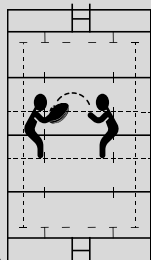


Kicking is allowed in general play - encourage running + passing

### THE RUCK:

- Tackler to roll away
- Ball carrier to present ball
- Arriving attacking player can form the bridge
- **NO CONTEST** for the ball at ruck (players can still move towards the ruck)

### STARTING PLAY:



Start the game at halfway with a tap and pass.  
**To restart:** non-scoring team to tap & pass at halfway

### SCORING TRIES:



If score blowouts are occurring, **BOTH COACHES MUST MEET** to discuss creating a more even contest  
TRY = 5 Pts

### SCRUMS:



No Scrums

### LINEOUTS:



No Lineouts