



SMALL BLACKS DEVELOPMENT MODEL

***POCKET GUIDE
YEARS 5 & 6 / UNDER 10 & 11***

APPLAUD

Together we can create a great experience for everyone in rugby by role modelling good sideline behaviour and calling out bad sideline behaviour.

Applaud is a New Zealand Rugby programme that outlines the expectations for all parents, caregivers, and spectators of rugby.

These are:

- be a good role model
- calmly call out any bad behaviour when you see or hear it
- remember children play sport for their enjoyment, not yours
- respect officials' and coaches' decisions even if you don't agree
- applaud good play and performances by both teams
- give positive comments that motivate and encourage continued effort
- thank the coaches, officials, and other volunteers
- assist when asked by a coach or official
- respect the rights and dignity of everyone in the game and
- behave appropriately at pre- and post-match functions.

Help us keep kids in sport by creating a positive rugby environment in schools and clubs.

SMALL BLACKS DEVELOPMENT MODEL

YEARS 5 & 6 / UNDER 10 & 11

FIELD SIZE

Goal to 10m (across the field). Portable goalposts recommended. Full size posts on sideline need bolsters.



NUMBERS PER TEAM

10-a-side. If a team doesn't have enough players to start a game, it should then be played with equal numbers.



GAME LENGTH

2 x 25 minutes maximum.



LINEOUT

Always 5 in lineout. There is to be no lineout lifting at any level.



BALL SIZE

Size 3 balls.



KICKING

Encourage running and passing.



REFEREE

If no Learning Rugby referee, no tackling.



KICK-OFF

Punt or drop kick by scoring side. Kick offs to be rotated through all players.



PENALTY

Tap and pass.



TRY

If score blow-outs are occurring (ie 35+ at halftime), both coaches MUST meet and come to an agreement as to how they can generate a more even contest. Try = 5 pts.



TACKLE

No fending to the head, face or neck regions. Tackle must be below the sternum.



CONVERSION

No conversions.



SUBS

All players must play a minimum of half a game (this is to include at least two full quarters). Rolling substitutions are not permitted. Substitutions may be made at half or quarter time.



SCRUM

Always 5 in scrum. No contest and no pushing.



FUN ACHIEVE BELONG SAFE

FABS

- Fun is a key component of success in sport and life
- Every player and coach are capable of achieving.
- Rugby brings people together.
- Safety is keeping all participants in our game safe physically and mentally.