

#prideinthehoops

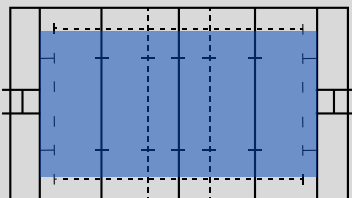


COURAGE
CONNECTED
WORK HARD

Tackle Rugby (15-a-Side)

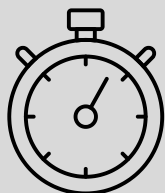
Year 8 ONLY (Under 13)

FIELD LAYOUT:



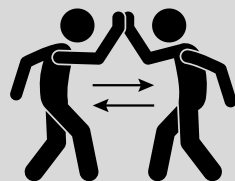
Full Length Field
(5m inside either sideline)
100m x 60m

MATCH DURATION:



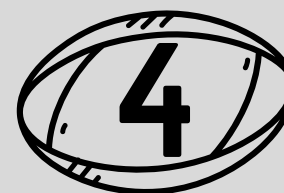
2x 30 Minute Halves

SUBSTITUTES:



All players must play at least half a game
Substitutions can only be made at halftime

BALL SIZE:



Size 4 Ball

TEAM SIZE:



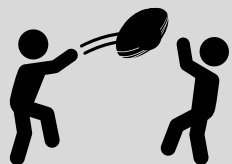
15-a-side
22 max. squad
If a team does not have 15 players to start, game will be played under 12-a-side

THE TACKLE:



Tummy tackle -
Below the sternum

PENALTY:



Option 1: Tap
Option 2: Kick for touch
Option 3: Kick for goal

FENDING:



Allowed, but **NO Fending to: Head, Face or Neck**

CONVERSIONS:



Not to be taken anywhere outside of the 15m lines

KICKING:



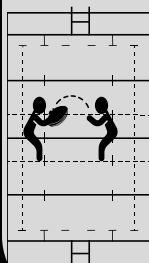
Kicking is allowed throughout the game

MANAGEMENT:



Team management and reserve players to be **behind the deadball line**, with **opposition running towards you**

STARTING PLAY:



Start the game at **halfway** with a dropkick / punt.
Non-scoring team to kick off at halfway from restarts

SCORING TRIES:



If score blowouts are occurring, **BOTH COACHES MUST MEET** to discuss creating a more even contest
TRY = 5 Pts

SCRUMS:



CONTESTED
8 Player Scrums
0.5m Max. push

LINEOUTS:



CONTESTED
8 Player Lineouts
No Lifting