## **WOMEN & GIRLS PLAYING OPPORTUNITIES AND PLAYER PATHWAY**



|                                | MIXED U12s   | U13 – U18  | SENIOR   |
|--------------------------------|--|--|--|
| NATIONAL TEAMS                 |  | YOUTH 7s   | WALLAROOS<br>AUSTRALIA A   |
|                                |  |  | AUSSIE 7s<br>AUSSIE A 7s<br>AUSSIE 7s DEVELOPMENT  |
| TALENT                         |  | ACADEMY PROGRAMS (XVs)   | ACADEMY PROGRAMS (XVs)   |
| DEVELOPMENT<br>ENVIRONMENTS    |  | ACADEMY PROGRAMS (7s)  | ACADEMY PROGRAMS (7s) UNI 7s SERIES RISING STAR PROGRAM  |
| NATIONAL<br>COMPETITIONS       |  | SUPER W YOUTH (U19)  | SUPER W  |
|                                |  |  | AUSTRALIAN RUGBY SHIELD  |
|                                |  | NATIONAL YOUTH 7s (U15 -U17)   | NEXT GEN 7s<br>UNI 7s (UNI SPORT)  |
| LOCAL PLAYING<br>OPPORTUNITIES | GET INTO RUGBY SCHOOLS GET INTO RUGBY CLUBS MIXED CLUB RUGBY | XVs CLUB RUGBY   | SENIOR CLUB XVs  |
|                                |  | 7s CLUB RUGBY 7s SCHOOL RUGBY STATE YOUTH 7s 7s EVENTS   | SENIOR CLUB 7s PREMIER CLUB 7s 7s EVENTS   |
|                                |  | TOUCH 7s- ALL AGES CAN PLAY TOGETHER AND CAN BE MIXED GENDER   |  |
| AGE BANDING<br>GUIDELINES      | MIXED UNDER 12s<br>PATHWAY FROM U6 TO U12                    | POTENTIAL FOR PARTICIPANTS TO PLAY AT AN AGE ONE YEAR BELOW TO ONE YEAR ABOVE THE AGE GRADE OF COMPETITION WITH DISPENSATION | POTENTIAL FOR PARTICIPANTS TO PLAY FROM 16 YEARS OLD WITH DISPENSATION (COMPETITION DEPENDENT) |
|                                | MIXED U12  | U13 - U18  | SENIOR   |