

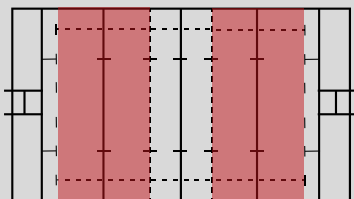


**COURAGE
CONNECTED
WORK HARD**

Tackle Rugby

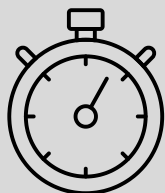
Year 5 / Year 6 (Under 10 / 11)

FIELD SIZE:



1/2 Field
60m x 35m Max

MATCH DURATION:



50 Minutes Max.
Halves / Quarters

SUBSTITUTES:



All players must play a min.
of half a game. Substitutions
may be made at quarter or
half time.

BALL SIZE:



Size 3 Ball

TEAM SIZE:



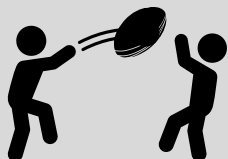
10-a-side
If a team does not have 10
players to start, game to be
played with equal numbers

THE TACKLE:



Tummy tackle -
Below the sternum

PENALTY:



Team awarded the penalty
to restart with a tap and
pass

FENDING:



Allowed, but NO Fending to:
Head, Face or Neck

CONVERSIONS:



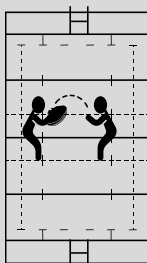
No Conversions

KICKING:



Kicking is allowed in
general play - encourage
running + passing

STARTING PLAY:



Start the game
at halfway with
a dropkick /
punt. Scoring
team to kick off
at restarts

SCORING TRIES:



If score blowouts are
occurring, both coaches
MUST meet to discuss
creating a more even contest
TRY = 5 Pts

SCRUMS:



5 Player Scrums
UNCONTESTED

LINEOUTS:



5 Player Lineouts
No Lifting
UNCONTESTED

#prideinthehoops